

# Lunch Menu K-8



May 2021

MEAL 1	MEAL 2	MEAL 3	MEAL 4	MEAL 5	MEAL 6	MEAL 7
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
26 Aloha Chicken Burger <i>*Contains Pork*</i> Oven Baked Fries Ketchup	27 Beef & Bean Nachos Tortilla Chips	28 Baked Ziti w/ Meat Sauce	29 Chicken Tamale Mixed Vegetables	30 Mac & Cheese Broccoli Side Salad	1 Pepperoni Pizza Wedge Fruitable Juice Veg: Grilled Cheese Sandwich	2 Bean & Cheese Pupusa Baby Carrots
3 Turkey Chili w/ Beans Corn Muffin	4 Chicken Nuggets Peas & Carrots <i>*Strawberry Milk Available*</i>	5 Cheeseburger Oven Baked Fries Ketchup	6 Chicken Alfredo w/ Broccoli	7 Chicken Enchiladas w/ Green Salsa	8 Double Dog Fruitable Juice Veg: Bean & Cheese Burrito	9 Fun Muffin Lunch: White Cheddar Cheese Brick Whole Grain Muffin Fruitable Juice Baby Carrots
10 Hot Dog Oven Baked Fries Ketchup	11 Chicken Teriyaki Noodles & Broccoli	12 Chicken Parmesan Pasta w/ Marinara Sauce	13 Turkey Taco Bowl w/ Beans & Corn	14 Grilled Cheese Sandwich Baby Carrots	15 French Bread Pepperoni Pizza <i>*Contains Pork*</i> Fruitable Juice Veg: Cheese Pizza Sliders	16 Chicken Nuggets w/ Oven Baked Fries Veg: Veggie Burger & Fries
17 <i>new</i> Country "Fried" Steak w/ Mashed Potatoes & Gravy Dinner Roll	18 Grilled Chicken Sandwich Oven Baked Fries Ketchup	19 Cheese Lasagna w/ Marinara Sauce Whole Grain Dessert	20 <i>Breakfast 4 Lunch</i> French Toast Sticks, Chicken Sausage & Potato Wedges Syrup	21 Mac & Cheese Broccoli Side Salad	22 Mini Chicken Tacos Refried Beans Veg: Cheese Tamale	23 Cheeseburger w/ Oven Baked Fries Veg: Veggie Burger & Fries
24 Hamburger Oven Baked Fries Ketchup	25 Bean & Cheese Pupusa Refried Beans	26 Sweet & Sour Chicken Brown Rice & Broccoli	27 Chicken Ramen Soup w/ Noodles & Vegetables	28 Bean & Cheese Burrito Salsa Cup	29 Corn Dog w/ Oven Baked Fries Veg: Plant-Based Chicken Tenders & Fries	30 Cheese Tamale Mixed Vegetables
31 Aloha Chicken Burger <i>*Contains Pork*</i> Oven Baked Fries Ketchup	1 Beef & Bean Nachos Tortilla Chips	2 Baked Ziti w/ Meat Sauce	3 Chicken Tamale Mixed Vegetables	4 Chicken Alfredo w/ Broccoli	5 Pepperoni Pizza Wedge <i>*Contains Pork*</i> Fruitable Juice Veg: Grilled Cheese Sandwich	6 Bean & Cheese Pupusa Baby Carrots

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

This institution is an equal opportunity provider.

**All grain items offered are Whole Grain-Rich.**

**All entrées served with whole fruit, fruit cup or 100% fruit juice and offered with choice of 1% milk or fat free milk.**

# Vegetarian Lunch Menu K-8



May 2021

Monday	Tuesday	Wednesday	Thursday	Friday
3 Bean Chili Corn Muffin (2G)	4 Plant-Based Chicken Tenders Peas & Carrots <i>Dinner Roll</i> *Strawberry Milk Available*	5 Vegetarian Burger Oven Baked Fries <i>Ketchup</i>	6 Plant-based "Chicken" Alfredo w/ Broccoli <i>Mini Muffin</i>	7 Cheese Enchiladas w/ Green Salsa
10 Plant-Based Chicken Tenders Oven Baked Fries	11 Teriyaki Plant-Based Chicken Noodles & Broccoli *Strawberry Milk Available* <i>Mini Muffin</i>	12 Cheese Lasagna w/ Marinara Sauce <i>WG Bites</i>	13 Burrito Bowl w/ Rice, Beans & Corn	14 Grilled Cheese Sandwich Baby Carrots
17 Plant-Based Chicken Tenders Mashed Potatoes	18 Vegetarian Burger Oven Baked Fries <i>Ketchup</i>	19 Cheese Lasagna w/ Marinara Sauce	20 <i>Breakfast 4 Lunch</i> French Toast Sticks, Plant-based "Chicken" Tenders & Potato Wedges <i>Syrup</i>	21 Mac & Cheese Broccoli Side Salad
24 Vegetarian Burger Oven Baked Fries <i>Ketchup</i>	25 Bean & Cheese Pupusa Refried Beans	26 Sweet & Sour Plant-Based "Chicken" Tenders Brown Rice & Broccoli	27 Plant-Based "Chicken" Ramen Soup w/ Noodles & Vegetables	28 Bean & Cheese Burrito Salsa Cup
31 Plant-Based Chicken Tenders Oven Baked Fries <i>Ketchup</i>	1 Bean & Cheese Nachos Tortilla Chips	2 Cheesy Baked Ziti w/ Marinara Sauce	3 Cheese Tamale Mixed Vegetables	4 Plant-based "Chicken" Alfredo w/ Broccoli

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