Lunch Menu K-8

November 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Sandwich of the Day Wowbutter Sandwich *Fruitable Juice*	Turkey Pastrami & Cheese Sandwich *Cucumber Slices*	Malibu Ranch Pasta Salad w/ Chicken *Mixed Vegetables*	Turkey Ham & Cheese Sandwich *Baby Carrots*	Deli Chicken & Cheese Sandwich *Jicama Sticks*
Entrée of the Day				
2 Breaded Chicken Patty Burger Oven Baked Fries *Ketchup*	3 Beef Nachos Tortilla Chips	4 Baked Ziti w/ Meat Sauce	5 Chicken Tamale Peas & Carrots	6 Grilled Cheese Sandwich Fresh Broccoli
9 Chicken Enchiladas w/ Green Salsa	10 French Bread Pepperoni Pizza Baby Carrots	11 Cheeseburger Oven Baked Fries *Ketchup*	12 Chicken Alfredo w/ Broccoli	13 Chicken Burrito Bowl w/ Brown Rice, Beans & Corn
16 Chicken Corn Dog Celery Stick *Ketchup*	17 Grilled Chicken Sandwich Oven Baked Fries *Ketchup*	18 Turkey Chili Popped Corn Chips	19 Mac & Cheese Baby Carrots *Whole Grain Cookie*	20 Sweet & Sour Chicken Brown Rice & Broccoli
23 Hamburger Lettuce, Tomatoes, Pickles *Ketchup*	24 Bean & Cheese Pupusa Refried Beans	25 *Breakfast 4 Lunch* French Toast Sticks, Chicken Sausage & Potato Wedges *Syrup*	26 Baked Turkey Mashed Potatoes & Gravy Diced Carrots Dinner Roll	27 Chicken Nuggets Oven Baked Fries *Ketchup*
30 Breaded Chicken Patty Burger Oven Baked Fries *Ketchup*	1 Beef Nachos Tortilla Chips	2 Baked Ziti w/ Meat Sauce	3 Chicken Tamale Peas & Carrots	4 Grilled Cheese Sandwich Fresh Broccoli

MENU SUBJECT TO CHANGE WITHOUT NOTICE

This institution is an equal opportunity provider.

All entrées served with whole fruit, fruit cup or 100% fruit juice and offered with choice of 1% milk or fat free milk.

Vegetarian Lunch Menu K-8

November 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Sandwich of the Day Wowbutter Sandwich *Fruitable Juice*	Double Cheese Sandwich *Cucumber Slices*	Wowbutter Sandwich *Fruitable Juice*	Double Cheese Sandwich *Baby Carrots*	Double Cheese Sandwich *Jicama Sticks*
Entrée of the Day				
2 Vegetarian Burger Oven Baked Fries *Ketchup*	3 Cheese Nachos Tortilla Chips	4 Cheesy Baked Ziti w/ Marinara Sauce	5 Cheese Tamale Peas & Carrots	6 Grilled Cheese Sandwich Fresh Broccoli
9 Cheese Enchiladas w/ Green Salsa	10 Cheese Pizza Sliders Baby Carrots	11 Vegetarian Cheese Burger Oven Baked Fries *Ketchup*	12 Plant-based "Chicken" Alfredo w/ Broccoli	13 Vegetarian Burrito Bowl w/ Brown Rice, Beans & Corn
16 Cheese Pizza Sliders Celery Sticks	17 Vegetarian Burger Oven Baked Fries *Ketchup*	18 Bean & Cheese Chili Popped Corn Chips	19 Mac & Cheese Baby Carrots	20 Sweet & Sour Plant-Based "Chicken" Tenders Brown Rice & Broccoli
23 Vegetarian Burger Lettuce, Tomatoes, Pickles *Ketchup*	24 Bean & Cheese Pupusa Refried Beans	25 *Breakfast 4 Lunch* French Toast Sticks, Plant-based "Chicken" Tenders & Potato Wedges *Syrup*	26 Plant-Based "Chicken" Mashed Potatoes & Gravy Diced Carrots Dinner Roll	27 Plant-based "Chicken" Tenders Oven Baked Fries
30 Vegetarian Burger Oven Baked Fries *Ketchup*	1 Cheese Nachos Tortilla Chips	2 Cheesy Baked Ziti w/ Marinara Sauce	3 Cheese Tamale Peas & Carrots	4 Grilled Cheese Sandwich Fresh Broccoli

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